

Psalm 34

“1 I will bless the LORD at all times: his praise shall continually be in my mouth. 2 My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad. 3 O magnify the LORD with me, and let us exalt his name together. 4 I sought the LORD, and he heard me, and delivered me from all my fears. 5 They looked unto him, and were lightened: and their faces were not ashamed. 6 This poor man cried, and the LORD heard him, and saved him out of all his troubles. 7 The angel of the LORD encampeth round about them that fear him, and delivereth them. 8 O taste and see that the LORD is good: blessed is the man that trusteth in him. 9 O fear the LORD, ye his saints: for there is no want to them that fear him. 10 The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing. 11 Come, ye children, hearken unto me: I will teach you the fear of the LORD. 12 What man is he that desireth life, and loveth many days, that he may see good? 13 Keep thy tongue from evil, and thy lips from speaking guile. 14 Depart from evil, and do good; seek peace, and pursue it. 15 The eyes of the LORD are upon the righteous, and his ears are open unto their cry. 16 The face of the LORD is against them that do evil, to cut off the remembrance of them from the earth. 17 The righteous cry, and the LORD heareth, and delivereth them out of all their troubles. 18 The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit. 19 Many are the afflictions of the righteous: but the LORD delivereth him out of them all. 20 He keepeth all his bones: not one of them is broken. 21 Evil shall slay the wicked: and they that hate the righteous shall be desolate. 22 The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate.” (Psalm 34:1-22 KJV)

God had helped King David to save him from King Saul and granted him the wisdom how to behave and act among the non-believers when he fled away to them. For when he went to Abimelech which was the common name for the kings of the Philistines, which means ‘**father king**’, the one mentioned at the beginning of this Psalm and who was the same of Achish king of Gath; there God gave David the wisdom to act as mad man and that caused the king to drive him away from his court and presence, and such resulted in saving his life as we can read here: *“10 And David arose and fled that day for fear of Saul, and went to Achish the king of Gath. 11 And the servants of Achish said unto him, Is not this David the king of the land? did they not sing one to another of him in dances, saying, Saul hath slain his thousands, and David his ten thousands? 12 And David laid up these words in his heart, and was sore afraid of Achish the king of Gath. 13 And he changed his behaviour before them, and feigned himself mad in their hands, and scabbled on the doors of the gate, and let his spittle fall down upon his beard. 14 Then said Achish unto his servants, Lo, ye see the man is mad: wherefore then have ye brought him to me? 15 Have I need of mad men, that ye have brought this fellow to play the mad man in my presence? shall this fellow come into my house?” (1 Samuel 21:11-15 KJV)* In response to that saving power and act of God, David in faithful respond to God penned and sang to the LORD *Psalm 34*.

“1 I will bless the LORD at all times: his praise shall continually be in my mouth.” (Psalm 34:1 KJV): As God saved his life then God deserves that honor from David. **Not only from David, but from every one of us; don’t forget that the LORD had helped you much and repeatedly had rescued you and saved your life from the hands of the wicked men. In the same way every time God works to save your life, sing to Him, praise Him and declare His goodness and faithfulness to the people around you and to the world.**

“2 My soul shall make her boast in the LORD: the humble shall hear thereof, and be glad.” (Psalm 34:2 KJV): That was David’s decision and his stand to glorify the LORD and to testify about His goodness of what He had done in David’s life. May be some people would be upset especially his enemies when they would hear that God had saved David’s life. But for David he did not care about the opinion of such kind of evil people who has no regard to God’s Word. Still for him his testimony would encourage those who are humble and poor in spirit and will help them to trust God more and encourage them to continue to call on the name of LORD for deliverance believing that He can do it for them as He did it for David.

*** As we read what God had done for David and how He miraculously saved him and rescued him from the traps of the enemy, our hearts rejoice and our hope restored and got assured that God who worked it out for David He will work it out for us today. * Therefore get encouraged now and start to praise God and testify about Him to encourage others and humble people around you to trust in God.**

“3 O magnify the LORD with me, and let us exalt his name together.” (Psalm 34:3 KJV): Magnify God for what He had done; David was calling the people around him to glorify the name of the LORD, saying, **“let us exalt his name together.”** **Glorifying God shall be a contagious thing that we love to do as we see His graceful hand reaching us and saving us from troubles, and we need to invite others to do the same.**

“4 I sought the LORD, and he heard me, and delivered me from all my fears.” (Psalm 34:4 KJV): David wrote here what the LORD had done to him. As he sought the LORD God He delivered him from all his fears. **If you start to trust God and seek Him with all your heart, God is able to deliver you from all your fears and remove all your anxieties.**

People have different kinds of fears about the future, about health, finances, age factor, concern for children, concern for family, etc. But God is able to interfere in their lives and bring peace and assurance in their mid. **The same to you, whatever fear that you may face, Jesus’ promise is standing for your behalf, “27 Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.” (John 14:27 KJV)** Jesus promised peace to give and leave with you. He also said that He is not going to give you as the world around you gives. Therefore as you refrain from all evil and keep all the instruction that you learn from **Psalm 34** then peace will be yours.

“5 They looked unto him, and were lightened: and their faces were not ashamed.” (Psalm 34:5 KJV): Those who trust God, He will not put them to shame. People now a day they trust people, positions, money, qualifications, power, but all these things may not help them in their lives and they will be put to shame. Those who fix their eyes on Jesus and on His Word and continue to obey what His Word says, then the LORD shall uphold them with His grace. **In the same way fix your eyes on Jesus, obey His Word and you will never be put to shame.**

“6 This poor man cried, and the LORD heard him, and saved him out of all his troubles.” (Psalm 34:6 KJV): The poor man is the man who has no mean to fight for himself and for his rights. He may not have power, money or position or people to help him. But since he called on God and the LORD heard him then he is no more poor man because God had delivered him

from all his problems. In the same way, call upon God and He shall deliver you from all your troubles.

People they use to have friends with influential or rich people with high position thinking that those people are able to help them when they are in troubles. But that is not the case in realities. As you put your trust on such kind of things, sooner or later God will work it out that the same thing that you had put your trust on, God will use that very thing to put you down, to make you know that you need to trust God alone. The LORD may use people, money, position, power, etc, to save you from troubles but you yourself you need to put your trust on God alone and not on other things.

“7 The angel of the LORD encampeth round about them that fear him, and delivereth them.” (Psalm 34:7 KJV): The angel of God the LORD uses to protect and to save His people those who fear Him. The angel of God encamp or available around those who fear the LORD. * Therefore to fear the LORD, not doing evil but doing what is required of you that will ensure to you that the angel of God is at your side to help you and protect you. * As we ordained to inherit salvation through the blood of Jesus and our faith on Him and our obedience to His Word, then the angels of God are there around us in order to help us: ***“14 Are they not all ministering spirits, sent forth to minister for them who shall be heirs of salvation?” (Hebrews 1:14 KJV) “11 For he shall give his angels charge over thee, to keep thee in all thy ways. 12 They shall bear thee up in their hands, lest thou dash thy foot against a stone.” (Psalm 91:11-12 KJV)***

“8 O taste and see that the LORD is good: blessed is the man that trusteth in him.” (Psalm 34:8 KJV): David’s word here in his testimony is encouraging us to believe and trust that God is good, and to taste how He can do great and wonderful miracles for us and help us in our lives and provide all the good things for us who fear Him. Taste and see the goodness of God and witness the miracles and the wonders of God as you trust Him and live your life in the fear of Him.

“blessed is the man that trusteth in him.”: Blessed is the one who takes refuge in Him. If you train yourself to run to the LORD in the times of your trouble then you will be blessed by the LORD. People might run in times of their troubles to friends, neighbors, relatives, doctors, hospitals, banks, police, etc. But ourselves let us train ourselves to take refuge in the LORD.

“9 O fear the LORD, ye his saints: for there is no want to them that fear him.” (Psalm 34:9 KJV): * Fearing God and obeying Him will remove other fears from our lives, the fear of lacking to have the important and the essential things in life. * As you fear God you will not lack good health, the peace of mind, the daily provision, the wisdom to solve problems, the guidance to take the right step at the right time, the favor in the eyes of God and men, and the divine power that has given us everything we need for a Godly life through our knowledge of Him who called us by His own glory and goodness.

* If you want to live for God then He is for you and beside you to sustain you in your life. In whatever spiritual situation you are now in life, as you put your trust in God, He is going to stand with you and help you and sustain you in your living and struggles. * Your fears He will deal with and will calm you down and gives you assurance for your present and future life. *

Your problems He will hold and solve, and your emergencies He will handle as you trust Him and take refuge in Him.

King David had great experience with the LORD for He had granted to him great deliverance by enabling him to be safe from the hands and the harms of all his enemies. Therefore David sang and wrote ***Psalm 34*** out of his great experience with the LORD in which he teaches us how to live our lives for God. David wrote to us: ***“11 Come, ye children, hearken unto me: I will teach you the fear of the LORD.” (Psalm 34:11 KJV)*** The fear of the LORD is most essential thing in our lives. If man does not fear God then what is the hope that is left for such a man! ***“7 The fear of the LORD is the beginning of knowledge: but fools despise wisdom and instruction.” (Proverbs 1:7 KJV)***

“12 What man is he that desireth life, and loveth many days, that he may see good?” (Psalm 34:12 KJV): That is the challenge that David put in front of us, that if we desire to have good life and pass through many good days, then there is a condition that we need to fulfill, and as the following:

“13 Keep thy tongue from evil, and thy lips from speaking guile.” (Psalm 34:13 KJV): Your speech need to be clean and away from jokes, filthy language and harsh words. We should be careful to exclude lies from our lives and in dealing with the people around us. You need to clean your heart from the rubbish things so your speech will be clean, ***“19 For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies:” (Matthew 15:19 KJV)*** If your speech contains such things then that means your heart is not clean and in such a way the blessings of God are far from you. Therefore from now onward you need to cleanse your heart, your mind and your life from anger, planning evil, revenge, fights, immoralities and immoral thoughts, stealing, cheating, extortion, making slur, slandering, being a false witness, and blaspheming God and His Word.

“14 Depart from evil, and do good; seek peace, and pursue it.” (Psalm 34:14 KJV): Turn away from doing bad and evil things. Seek peace and avoid fights and strife, even if those around you are looking for quarrel, but you take other direction and move away to avoid a clash and strife.

“15 The eye of the LORD are upon the righteous, and his ears are open unto their cry.” (Psalm 34:15 KJV): God is watching over your life as long as you are living in righteousness unto Him. Therefore when people are trying to do evil against you, then you don’t need to react and answer back with retaliation because God is watching over your life and He is there to rescue you from the hands of the evil doers. God’s ears are attentive to your cry; He is so concern about your welfare and He is there to help you.

“16 The face of the LORD is against them that do evil, to cut off the remembrance of them from the earth.” (Psalm 34:16 KJV): God Himself will do it for you, and you don’t need to fight and strife with the evil doers. The LORD is there to punish them and deal with their wickedness. Ultimately you will not find them around you; God will cut them off from the land.

“17 The righteous cry, and the LORD heareth, and delivereth them out of all their troubles.” (Psalm 34:17 KJV): That will be the testimony of the righteous man, that when he pray and

cry to God the LORD hears him and save him and deliver him from all his troubles. And that is the value of living a righteous life. God will be there to save you from all your troubles; whether it relate to finances, health, future, family life, marital life, work or profession.

“18 The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.” (Psalm 34:18 KJV): God is close to those who are having troubles and loaded with hardships. If today you are struggling with issues that are beyond your capacity to control and manage then just know that God is close to you right now and beside you to help you to come out from the situation that is troubling you, ***“4 Blessed are they that mourn: for they shall be comforted.” (Matthew 5:4 KJV)*** And that is the assurance that we have from God’s Word, ***“19 Many are the afflictions of the righteous: but the LORD delivereth him out of them all.” (Psalm 34:19 KJV)*** Halleluiah and thank you LORD.

“20 He keepeth all his bones: not one of them is broken.” (Psalm 34:20 KJV): This prophecy was fulfilled in the life of the Lord Jesus Christ. When they crucified Him they did not break His bones as the soldiers did with the other two thieves, ***“33 But when they came to Jesus, and saw that he was dead already, they brake not his legs:” (John 19:33 KJV)*** As Jesus was a righteous then God’s promise fulfilled in His life. ***In the same way, as we live a righteous life unto God, all the promises of God shall be fulfilled in our mid.***

“21 Evil shall slay the wicked: and they that hate the righteous shall be desolate.” (Psalm 34:21 KJV): Those who do evil and live in wickedness, evil will finish their lives; and the enemy of the righteous God will condemn. But, ***“22 The LORD redeemeth the soul of his servants: and none of them that trust in him shall be desolate.” (Psalm 34:22 KJV)*** Trust in God, He will redeem your soul, for those who trust on Him they shall never be put to shame and suffer losses.

My Dear and Beloved: “10 The young lions do lack, and suffer hunger: but they that seek the LORD shall not want any good thing.” (Psalm 34:10 KJV) Even you are poor and might be without money, power, friends or influential position; even if no one desiring you or favoring you, but God is still with you and He will back you up. ***My advice to you is to trust God, for He will help you and deliver you and sustain you and build you up as you put your full trust on Him. Start from this day onward to seek God and to draw near to Him. Obey Him and you will taste and experience the goodness of God in your life, and you will not lack any good thing.***

Let us pray

My Prayer: Father God I come before you in the name of Jesus who died on the Cross for my sins and rose from the dead to give me eternal. Thank you for your encouraging Word that brought inside of me the revival that I need this very day to once again to trust in you. Lord thank you for your Word that gave me peace and assurance that you are beside me and you will help me in my life and struggles. Lord I thank you for all your blessings and promises to me. Lord thank you for your Word that showed me clearly my life and how you want me to live it for you. Lord thank you for all the teaching, the rebukes and the corrections we received in this message.

Repent and renounce all your sins. Renounce your lack of faith and trust in God. Repent of doing your own will and plan and have your own solutions. Repent of envy and jealousy. Repent of your lies, cheating, stealing, fraud, lust, adultery, immoralities and the rest of the works of the flesh. Repent and renounce your going along the ways of the wicked. Repent of your pride, anger, revenge and fights. Renounce your yoke with non believers and wasting your time on the Media. Repent of your worldliness and your love for material things. Repent of your lack of prayer and reading God’s Word. Lord I repent, forgive me, I renounce the following sins _____ .

Lord give me self-control and perseverance to walk in the way that you ordained for me. Lord give me more of the fruit of the Holy Spirit, love, joy, peace, gentleness, kindness, faith, humility, perseverance, long-suffering and self-control so people will see Christ in my life. Lord I take refuge in you, I commit the following fears and problem _____. Please Lord solve it and deliver me from all my troubles and enemies, I trust you that you can solve it to me. Lord I commit myself to serve you and to live my life in following your plan to accomplish your purpose for my life, this all I ask and pray in Jesus name, Amen.

Lord thank you for my Brothers and Sisters who repented of their sins and cleansed their hearts, minds and hearts, and committed their lives and ways to walk in the truth of your Word. Lord grant them peace, protect them, deal with their enemies, and provide for them. Lord bless them and bless their families and children and bless the works of their hands. Lord sustain them in this life, protect them from all evil doers and provide their needs so they will continue to serve you and be good example to others to follow you.

Lord bless us as your church and help us to continue to walk in your ways and take us away from all temptations and protect us from the evil ones. Lord take us away from any fight and strife. Lord as we continue to seek you provide all our needs that we lack nothing. Lord refill us once again with your Holy Spirit, and lead us to evangelize and reach new people and serve them, to make new disciples and train new workers, planting new Bible studies and congregations for the church. Lord deliver us from our troubles and deal with our enemies. Lord prepare us for your coming to go with you when you come. Lord fulfill the vision of the church, ‘Multiplication in peace with implementing the whole will of God’, Lord bless us, enlarge our territory, let your hand be with us and free us from harm so we will not feel pain. May the grace of the Lord Jesus, and the love of God and the fellowship of the Holy Spirit be with us all in Jesus name, Amen.

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